

# The Incredible Years Preschool and School Age BASIC Parent Training

FY 2018-2019 Summary Snapshot



## North Carolina Statewide Summary

### Overview

For the period of July 2018 through June 2019, 92 IY series were completed with a total enrollment of 963 parents/caregivers, representing 820 families, and providing 690 sets of matched pre/post-test evaluation instruments for this report.

*Note: participant data sets met analysis criteria for one or more scales, but did not necessarily meet analysis criteria for every scale.*

### Findings

Analyses of individual subscales show an overall positive impact of the IY BASIC Parent Program on parenting skills and child behavior. Results listed below that are statistically significant are followed by (SS), meaning analysis resulted in a p-value of 0.0500 or less indicating mathematical confidence that the result is reliable and unlikely to have been produced by chance.

#### Parenting Skills

##### Parent Practices Interview (PPI)

##### Negative Parenting Behaviors

- Harsh Discipline: Decrease (SS)
- Inconsistent Discipline: Decrease (SS)

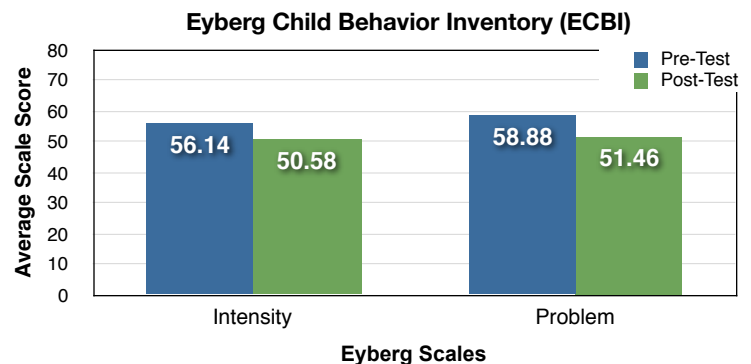
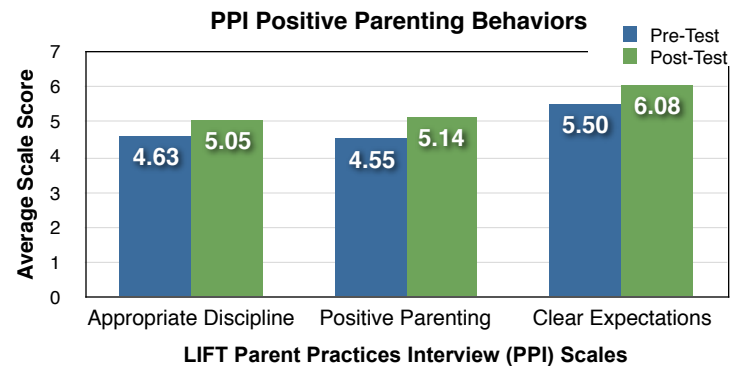
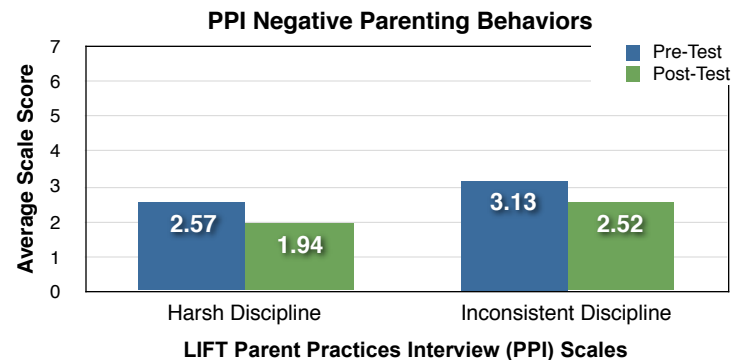
##### Positive Parenting Behaviors

- Appropriate Discipline: Increase (SS)
- Positive Parenting: Increase (SS)
- Clear Expectations: Increase (SS)

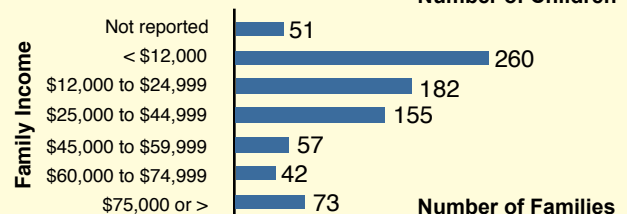
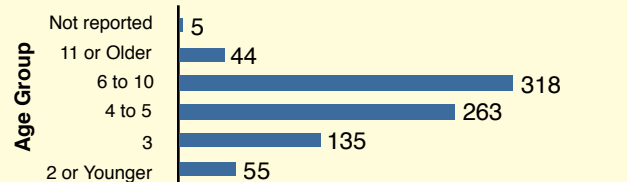
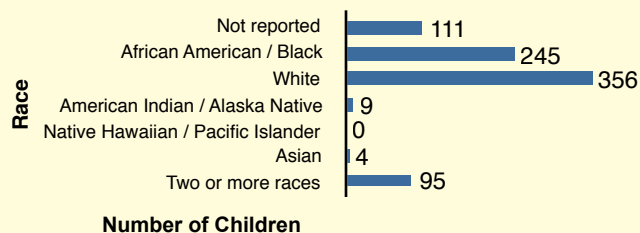
#### Child Behavior

##### Eyberg Child Behavior Inventory (ECBI)

- Intensity: Decrease (SS)  
*(frequency of child's problem behaviors)*
- Problem: Decrease (SS)  
*(degree to which the behaviors are problematic)*



### Target Child Demographics (All families)



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## North Carolina Statewide Demographic Summary

### Parent / Caregiver Demographics

Status		Gender		Relationship to Child		Ethnicity		Race	
Not reported	6	Not reported	10	<b>Mother</b>	<b>649</b>	Not reported	174	Not reported	128
<b>Married / Partnered</b>	<b>534</b>	Male	216	Father	193	Hispanic / Latino	247	African American / Black	273
Single	288	<b>Female</b>	<b>737</b>	Other Relative	100	<b>Not Hispanic / Latino</b>	<b>542</b>	<b>White</b>	<b>502</b>
Separated	60			Other	21			American Indian / Alaska Native	10
Divorced	59							Native Hawaiian / Pacific Islander	0
Widowed	16							Asian	9
								Two or more races	41

### Family Demographics

Annual Family income		Primary Language		Ages of All Children in the Household					
Not reported	51	Not reported	29	Under 1 year	92	7 years	114	14 years	31
<b>&lt; \$12,000</b>	<b>260</b>	<b>English</b>	<b>639</b>	1 year	87	8 years	135	15 years	26
\$12,000-\$24,999	182	Spanish	150	2 years	120	9 years	139	16 years	28
\$25,000-\$44,999	155	Other	2	3 years	216	10 years	114	17 years	25
\$45,000-\$59,999	57			<b>4 years</b>	<b>232</b>	11 years	85	18 years	18
\$60,000-\$74,999	42			5 years	185	12 years	48	19 years	9
\$75,000 and >	73			6 years	159	13 years	52	20+ years	8

### Target Child Demographics

Gender		Ethnicity		Race		Age			
<b>Male</b>	<b>454</b>	Not reported	197	Not reported	111	Not reported	5	7 years	57
Female	366	Hispanic / Latino	229	African American / Black	245	Under 1 year	1	8 years	68
		<b>Not Hispanic / Latino</b>	<b>394</b>	<b>White</b>	<b>356</b>	1 year	6	9 years	59
				American Indian / Alaska Native	9	2 years	48	10 years	52
				Native Hawaiian / Pacific Islander	0	3 years	135	11 years	24
				Asian	4	<b>4 years</b>	<b>160</b>	12 years	11
				2 or more	95	5 years	103	13 years	5
						6 years	82	14+ years	4